



[Lauren Goldstein, LCSW](#)

POSTGRADUATE TRAINING

- Certificate in Couples and Sex Therapy, UCLA Semel Institute
- Attachment based Intensive Short-Term Dynamic Psychotherapy, UCLA Semel Institute
- Psychotherapy Program at the Institute of Contemporary Psychoanalysis, Los Angeles, CA
- Gottman Level 1 Couples Therapist
- Emotion Focused Therapy with Dr. Les Greenberg
- Emotionally Focused Couples Therapy Externship (Portland)
- Emotionally Focused Couples Therapy Core Skills Training
- Hakomi Level 1 Therapist (Portland)
- Sexual Health Certificate from the University of Michigan
- Advanced Contemporary Gestalt Training program, GTTC NW Portland
- Trauma Resource Institute (Level 1)

EDUCATION

MSW, University of Texas, Austin

BA Psychology, Vassar College